Smoking a cigarillo is smoking tobacco

Anatomy of a





tip (not a filter)



Any amount of tobacco smoking—even an occasional cigarillo—is harmful. Lighting up a cigarillo is lighting up tobacco. Cigarillos can deliver similar or greater amounts of nicotine as cigarettes and expose your body to thousands of harmful chemicals.



For more info and free materials, visit **https://digitalmedia.hhs.gov/tobacco** or scan the QR code.



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