

A man in a light-colored sweater is shown in profile, focused on his work in a workshop. He is using a level on a wooden surface. The background is softly blurred, showing workshop equipment and warm lighting.

**Last time
I quit
smoking,
~~I failed.~~**

got closer to
finishing
the job.

Every time you try to quit, you get
closer to quitting for good.
Keep going at [EveryTryCounts.gov](https://www.everytrycounts.gov)

FDA

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